

Adult Night Classes

In an effort to offer flexible learning opportunities for the Grenada Community, the GSD will offer night classes for adults.

Classes will be held on Tuesdays 6:00 - 8:30 pm for 6 weeks.

Classes start on January 27

Location Grenada Career & Technical Center

For more information call 226-5969

Microsoft Word	\$50	Instructor- Bonnie Brunt
Welding	\$75	Instructor- Phillip McCarter
Construction	\$75	Instructor- Fred Taylor
Pottery	\$75	Instructor- Melissa Taylor
Automotive	\$50	Instructor- Ricky Jones
Podcasting/ Music Production	\$50	Instructor- Lynne Russell

Complete and attach payment and return to Grenada Career & Technical Center

Name _____ Amount Paid _____

Phone # _____

I am registering for: Circle Class

Microsoft Word	Podcasting/Music Production	Welding
Pottery	Construction	Automotive

GUES Body Walk

By Melody Shaw
Discovery Lab Director

In November over 1,000 students in the 2nd, 4th, and 5th grades from Grenada Elementary and Grenada Upper Elementary took part in a fun tour through parts of the body learning healthy choices through the Body Walk Program. Body Walk is operated by the Mississippi State University Extension Service and is brought to the schools every other year by local



Students Kelsey Fowler and Zion Welch learn about the importance of taking care of their teeth during the Body Walk Exhibit.

Grenada 4-H Agent, Jan Walton. "Body Walk is a wonderful way for students to have fun learning about health, nutrition, and physical activity," said Jan Walton. "The program teaches them how to make healthy choices and how to remain healthy throughout their lives."

The program features a nine step tour of the body from the brain to the mouth, stomach, small intestine, heart, lungs, bones, muscles and skin. The primary focus of the Body Walk program is to address increasing national concerns about the lack of physical activity and the declining nutritional status of young children.

When students start the tour, they are seated in what looks like a head and learn about the brain and what it needs to work properly. They receive a bookmark with a vitamin that can be used while on the tour. The students enter into the mouth

and have a seat on a tooth. After learning about the teeth they journey to the stomach and then are squeezed through the intestines. After the intestines the students learn about the heart, lungs, bones, muscles, and skin while advancing through the rest of the Body Walk.

"The Body Walk is a wonderful opportunity for our students! We are so thankful to have MSU and Jan Walton working with us," stated Melody Shaw, GUES Discovery Lab Director. "The nursing students from Holmes Community College Practical Nurse Program in Grenada helped to make Body Walk a success by assisting with lessons along the walk. We cannot thank them enough for working very hard all week to educate our students on a healthy lifestyle and parts of the body."

Thank you
Partners In Education member
Tassin Jewelers



Thank you Tassin Jewelers for donating the crowns for the 2014 GHS Beauty Review. Most Beautiful 2013 Ashlynn Doss, left, crowns 2014 Most Beautiful Jordan Lea.

Lakeway Sporting Goods

197 Scenic Loop 333 • Grenada • 662-227-9210



Grenada Middle School
Student of the Month
Taylor Vance



COLDWELL BANKER

LANDMARK REALTY

1360 Sunset Drive, Suite One

Grenada, MS. 38901

(662)226-4454

www.coldwellbankergrenada.com

