

## Etiquette Lunch for GCTC Class at Pap's



Photo by Meg Newcomb

The Grenada Career and Technical Center's Business Fundamentals, Marketing, and CPE Classes recently completed a unit on Business Etiquette by attending a luncheon hosted by PAP's Restaurant on October 14, 2014. The students were taught by Mrs. Meg Newcomb (Business Fundamentals and Marketing) and Mrs. Lisa Jones (CPE) they were served a salad, entrée, and dessert. Each student was graded on how well they executed their unit skills, such as placing their napkin in their lap, eating with the correct utensils, and cutting their food properly. The students enjoyed the luncheon and learning the correct etiquette for a business dinner. Students attending the luncheon were (front l to r) Jordan Lea, Carson Carrithers, (back l to r) Landyn Hoover, Tori Montgomery, and Maggie Choate.

## GES Students Pink Out



Photo by Martha Liberto

GES students participated in an October "pink out" in honor of breast cancer awareness month. Students pictured (l to r) Devin Bailey, Roneisha Booker, Ethan Hobson, Brayden Trusty, and Cadence Coker with teacher (back) Kerry Waugh.

## MTFC Hosts Activities Celebrating Red Ribbon Week



(front l to r) Allantris Tellis, Carmen Rosenthal, Javarus Bowdry, Hagan Trimble, Alison Jones, (back l to r) MFTC Director Sue Mashburne, and GUES Assistant Principal Carol Tharpe

By Sue Mashburne  
MTFC Director

Coach Amy Barham's PE classes at Grenada Upper Elementary hosted a RAT on the Road interactive video and presentation on October 28, 2014. The RAT program is provided to all elementary schools within the District and stands for "Reject All Tobacco". The program was presented by Sue Mashburne, Director of the MS Tobacco Free Coalition of Grenada, Yalobusha, and Calhoun Counties and Grenada School District.

The event was held to celebrate Red Ribbon Week, educating students about being drug free and the hazards of tobacco. Students interacted and participated in the program as they learned how tobacco affects the body. Students received incentives such as RAT sunshades, pencils, stickers, red ribbons, and cups. A Red Ribbon Banner was signed by students during the week pledging to be tobacco and drug free. Approximately 250 students attended.

The Grenada Middle and High Schools also celebrated Red Ribbon Week by participating in theme days. Themes were "Take A Stand for A Smoke Free Land" by wearing red, white, or blue, and wearing boots to represent "Give Tobacco and

Drugs the Boot". Announcements were made at the beginning of each day that included tobacco facts and education.

Cigarettes contain more than 7,000 harmful chemicals of which 69 are cancer-causing. Smokeless tobacco contains harmful chemicals as well, resulting in life-threatening diseases. Nicotine is the habit forming substance found in tobacco and is addictive in ways similar to those of heroin, cocaine, and alcohol. Tobacco use is the # 1 cause of preventable death in the U.S.

In addition, tobacco is considered a "gate-way drug"; a drug that leads to the use of heavier drugs. Of all the young people in the U.S. who are currently 18 and younger, more than five million will die prematurely from smoking-related diseases. Other addicting drugs can have both physical and psychological effects on individuals. Physically, drugs can affect the body by increasing heart rate, rapid breathing, and many other symptoms. Psychologically, drugs can cause effects such as aggression, anxiety, depression, and more.

For more information contact Sue Mashburne, MTFC Director Grenada School District 662-226-2589.

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Family Check Advance and Check Cashing donated funds for the GES teacher wish list. The teacher wish list is a miscellaneous list of supplies each teacher would like to have for their classroom. (l to r) Dana Edwards and Jamie Lee